

# ARE YOU READY?

MAKE A PLAN

BUILD A KIT

STAY INFORMED

KNOW YOUR NEIGHBORS



EMERGENCY PREPAREDNESS INFORMATION  
FOR THE CITY OF HOUSTON, HARRIS,  
FORT BEND, MONTGOMERY, BRAZORIA  
AND GALVESTON COUNTIES

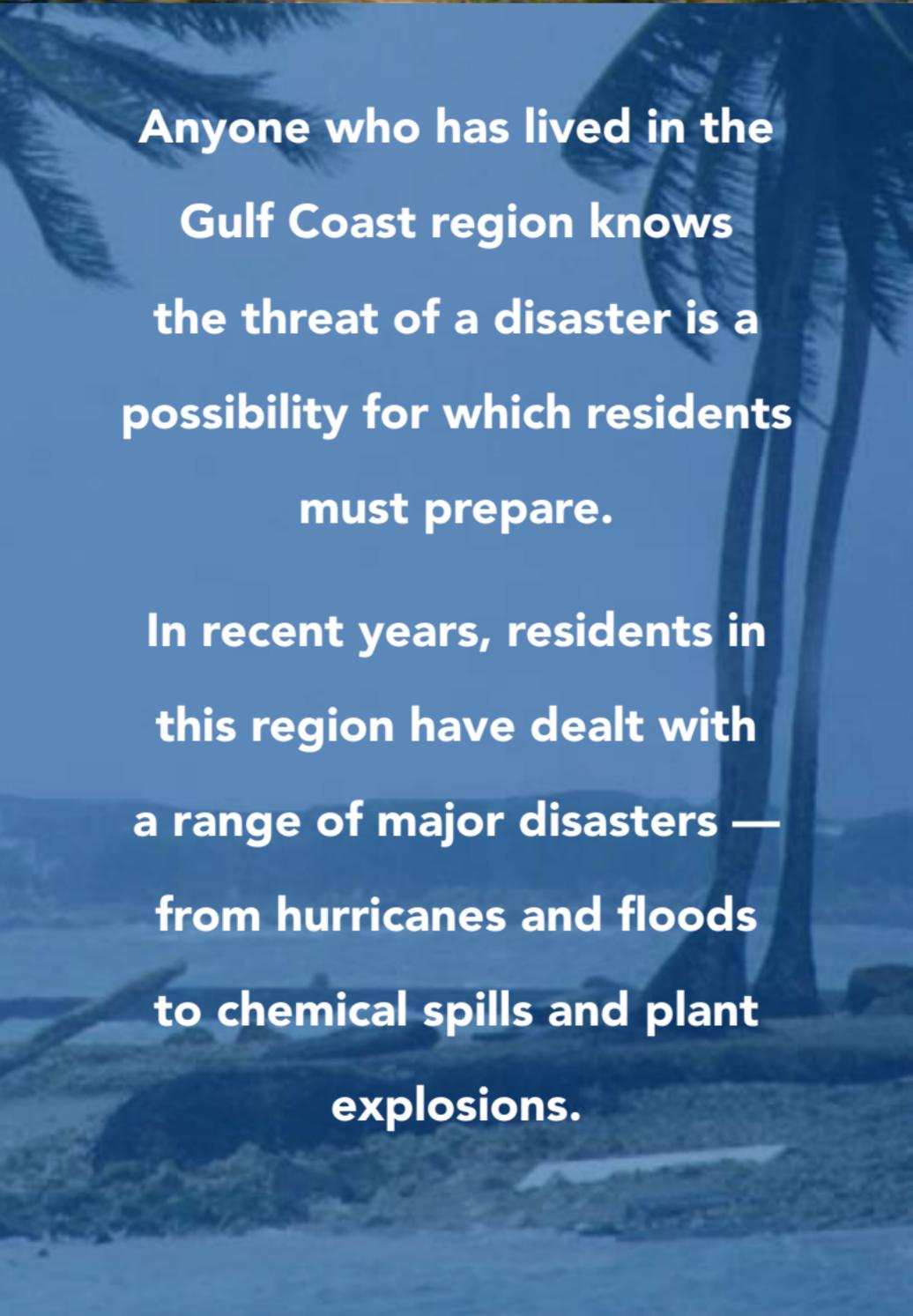
**READY**   
 **HOUSTON**

[WWW.READYHOUSTONTX.GOV](http://WWW.READYHOUSTONTX.GOV)



**Anyone who has lived in the  
Gulf Coast region knows  
the threat of a disaster is a  
possibility for which residents  
must prepare.**

**In recent years, residents in  
this region have dealt with  
a range of major disasters —  
from hurricanes and floods  
to chemical spills and plant  
explosions.**





# MAKE A PLAN

## MAKE A PLAN

A good preparedness plan can prevent or at least reduce the confusion and panic typically brought on by an emergency situation. Simply knowing what to anticipate once a disaster hits your area or your home is key to your family's safety. Start planning early by contacting the proper sources for help or information.

If you have children in public schools, make the time to learn details of the schools' preparation plans and exactly how to communicate with school officials during a disaster.

### FUNCTIONAL AND ACCESS NEEDS

Anyone — particularly the elderly or disabled — lacking access to transportation, family, or neighbor support, should pre-register for transportation assistance. Dial 2-1-1 today to pre-register for transportation assistance.

Some of the best online resources can be found at [www.readyhoustontx.gov](http://www.readyhoustontx.gov).





# BUILD A KIT

## BUILD A KIT



Building a family emergency kit is crucial. During emergencies, you will need to be self-reliant for a period of time. You may want to consider two types of kits: a Go Bag and a Stay-At-Home Kit. A Go Bag is one you would take

with you in case of evacuation.

A Stay-At-Home Kit would come into play if you were taking shelter in your home. Drinking water and non-perishable food are essential, but don't forget about your pets. Make sure to add supplies for Fluffy and Fido, too.

Visit [www.readyhouston.tx.gov](http://www.readyhouston.tx.gov) to get emergency kit checklists.





# STAY INFORMED

## STAY INFORMED

(BEFORE, DURING AND AFTER DISASTERS)

For you and your family's safety, and the safety of your community: Start today making sure your family and your neighborhood are prepared to respond and cope before, during and after disasters.

Emergency Alert System broadcasts are activated by local authorities when there is an emergency. In addition to KTRH 740 AM, KUHF 88.7 FM is also reliable for emergency updates. Find links to more news and weather resources at [www.readyhouston.tx.gov](http://www.readyhouston.tx.gov).



## KNOW YOUR NEIGHBORS

Residents of the Gulf Coast region know how to work together to get the job done. As we saw after Hurricane Ike in 2008, your neighbors can be the best source of help immediately after a disaster.



## BASIC KIT SUPPLY LIST:

Enough for 5 to 7 days recommended

- Water (one gallon per person per day, for drinking and sanitation)
- Non-perishable food
- Battery-powered or hand crank radio & weather radio with tone alert, plus extra batteries for both
- Flashlight and extra batteries
- First Aid kit & rain gear
- Whistle to signal for help
- Filter mask or cotton t-shirt, to help filter the air
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener if kit contains canned food
- Plastic sheeting and duct tape to shelter-in-place
- Items for unique family needs, such as daily prescription medications, infant formula or diapers
- Paper towels and disposable cups, plates & utensils
- Cash or traveler's checks, change
- Fire extinguisher
- Matches in a waterproof container
- Disinfectant
- Copies of important family documents in a waterproof container
- Books, board games and other non-electric entertainment

### WANT TO LEARN MORE?

Order your DVD copy of **Are You Ready?** today.

This video made specifically for the Houston Region includes step-by-step information to help your family be ready for an emergency.

