

Kindergarten & 1st Grade Mini-Unit

Mini-unit summary:

Lesson 1: Introduces the concept of an emergency and lays out the general concept of **“Make a Plan. Build a Kit. Stay Informed.”**

Lesson 2 – 4: This is the Make a Plan component. In Lesson 2, the children identify community helpers to listen to in an emergency. In Lesson 3, students practice their phone number. In Lesson 4, they practice their address.

Lesson 5: Students learn the components of an emergency kit.

Materials: Paper for K-W-L Chart
Internet Connection
Blackline Master A–E
Lyrics to “I’m Ready!”



A note for Teachers...

K-W-L *The Ready Houston lessons include the use of a K-W-L Chart.*

The K-W-L teaching technique is a group instruction activity. It allows students to organize information strategically and effectively.

K – Stands for helping students recall what they **KNOW** about the subject.

W – Stands for helping students determine what they **WANT** to learn.

L – Stands for helping students identify what they **LEARN** as they read.

Teachers activate students' prior knowledge by asking them what they already know. Then, students – collaborating as a classroom unit or within small groups – set goals specifying what they want to learn. And, after exploration, students discuss what they have learned.

Students apply higher-order thinking strategies, which help them construct meaning from what they learned. The K-W-L chart also allows students to monitor their progress toward their learning goals.

Below is a sample of a K-W-L Chart:

K	W	L
What I KNOW	What I WANT to Know	What I LEARNED

Lesson 1: What is an emergency?

Objective: Students will be able to explain what an emergency is and will be introduced to concepts of community helpers, emergency kits, and safety plans.

Materials: Paper for K-W-L chart (to be used throughout the mini-unit); Internet connection; Blackline Master A

Time: 45 minutes

Lesson Plan: Discuss what an emergency is. Begin a K-W-L chart that will span this unit. In the “Know” column, create a list of emergencies that the children may be familiar with, such as a fire or a hurricane. Explain to them that they will be learning about how to be safe in an emergency. Real-life examples of this would be a fire drill. In the “Want to Know” column, allow the children to brainstorm about things they want to learn about emergencies.

Watch the Sesame Street video, Let’s Get Ready (16 minutes, 36 seconds) found at: <http://www.sesamestreet.org/ready>.

The video emphasizes the safety tips of knowing your name, your parents’ names, and phone number; creating a family emergency kit; and making a plan including a meeting place and community helpers.

After the video, allow the children to write one thing they learned from the video about emergencies. Summarize or publish their thoughts by recording some on the “What We Learned” column on the K-W-L chart.

For homework, assign the Blackline Master A. This will be used for lesson 3.

Note: At any point in the unit, send home Blackline Master Q and Ready Houston booklets for children to complete with parent/guardian. Students who bring back the completed Blackline Master Q can display it on a classroom wall with the Ready Houston poster.

Lesson 2: Who Helps Us in the Community

Objective: Identify community helpers and where they work

Materials: Blackline Master B, ongoing K-W-L chart

Time: 45 minutes

Lesson Plan: Introduce today's lesson by asking who Grover and his friends asked for help when they had an emergency. These were adults who were community helpers. Go over community helpers that work in your neighborhood. These should include police, firemen, doctors, nurses, and teachers. The focus is that these community helpers are trustworthy and should be listened to in an emergency.

Independently, the children can do Blackline Master B.

Before concluding, read aloud a book about safety.

Some appropriate titles include:

- *Let's Be Safe*, by P.S. Hallinan, published by Ideals Children's Books in 2007
- *Watch Out For Banana Peels and Other Important Sesame Safety Tips Big Book: A Sesame Street Big Book*, by Sesame Street, published by Candlewick in 2008.
- *Children's Activity Book*. An online book found at:
<http://www.sesamestreet.org/ready/activities>.

Add to the What We Know column on the K-W-L chart to conclude.

Lesson 3: Knowing Important Information

Objective: Students will practice their full names, their phone number, and their parents' names.

Materials: Completed Blackline Master A, Blackline Master C, lyrics of the song "I'm Ready!" written out, ongoing K-W-L chart

Time: 30 – 45 minutes

Lesson Plan: Remind the class that we are learning about how to be safe in an emergency. Ask them if they remember things they can do to be safe. Items to be emphasized: listen to adults, know their phone number, know their name and their parents' names.

To help remember this, teach them the song, "I'm Ready!"

Then, use Blackline Master C to practice dialing their phone number from their homework earlier.

The lesson can conclude with repeating the song learned and adding to the What We Learned column of the K-W-L chart.

“I’m Ready!” Song

To the tune of “If You’re Happy and You Know It.”

If you’re feelin’ all alone, tell an adult.

If you’re feelin’ all alone, tell an adult.

If you’re feelin’ all alone, tell a person who is grown.

If you’re feelin’ all alone, tell an adult.

(My name is *Michael Jones!*)

If there’s danger out there brewin’, call your mom.

If there’s danger out there brewin’, call your mom.

If there’s danger out there brewin’, then what should you be doin’?

If there’s danger out there brewin’, call your mom.

(*555-4321!*)

If there’s trouble on your block, go on home.

If there’s trouble on your block, go on home.

If there’s trouble on your block, then don’t hide behind a rock.

If there’s trouble on your block, go on home.

(*1234 Main Street!*)

If emergencies happen, pick up the phone.

If emergencies happen, pick up the phone.

If emergencies happen, then get your fingers tappin’.

If emergencies happen, pick up the phone.

(*9-1-1!*)

Lesson 4: Knowing Important Information, Part 2

Objective: Students will continue to practice their full names, their phone number, and their parents' names, as well as practice their address.

Materials: Completed Blackline Master A, Blackline Master D, lyrics to the song "I'm Ready!"

Time: 30 minutes

Lesson Plan: Sing the song "I'm Ready!" learned yesterday. Allow the children opportunities to insert their own information into the song. Explain that we also need to know our address.

Using Blackline Master D, allow the children to write their address and to draw a picture of their house.

Lesson 5: Building an Emergency Kit

Objective: Identify the components of an emergency kit and why they are used.

Materials: Internet connection, Blackline Master E (copied on card stock), scissors, envelope and ongoing K-W-L chart.

Time: 45 minutes

Lesson Plan: Remind the students what they have learned about making a plan for an emergency. Then, watch the “Family Emergency Kit” found on <http://www.sesamestreet.org/ready>. The link to the video is found by scrolling down in the video menu where you found “Let’s Get Ready.”

As a class, list items that should be included in an emergency kit.

Items to specifically mention are:

- flashlight or lantern
- batteries
- food
- water
- cuddly friend and a toy
- clothes
- first aid kit
- battery-powered radio

Using Blackline Master E, children will cut out and put together their Emergency Kit Puzzle. Afterwards, this puzzle can be taken home in an envelope.

Conclude by singing the song “I’m Ready!” and writing in the What We Learned column of our K-W-L chart.